

Dockside Allergen Guide

GF = gluten free DF = dairy free EF = egg free NF = nut free

CF = citrus free SF = sulphites free AF = alcohol free

✓ indicates the dish is free from that allergen ✗ indicates the dish contains that allergen

Can remove or sub: indicates when an allergen can be removed or substituted.

Starters	GF	DF	EF	NF
Natural oysters with pink onions & lemon Contains: molluscs, sulphites, alliums, citrus Can remove sulphites, alliums, citrus	✓	✓	✓	✓
Tempura oysters with lime mayo & lemon Contains: molluscs, gluten, wheat, egg, citrus Can remove egg, citrus	✗	✓	✗	✓
Mussels steamed in coconut milk with lemongrass, galangal & turmeric Contains: molluscs, fish	✓	✓	✓	✓
Popcorn chicken with bang bang sauce, micro coriander Contains: gluten, wheat, milk, egg, sesame, soy, sulphites, alliums, citrus	✗	✗	✗	✓
Roast duck spring rolls, sweet chilli emulsion Contains: gluten, wheat, fish, egg, soy, sesame, alliums Can remove fish	✗	✓	✗	✓
Spiced lamb shoulder croquettes, red harissa & Greek yoghurt Contains: gluten, wheat, fish, milk, egg, soy, alliums, citrus	✗	✗	✗	✓

Sharing Boards	GF	DF	EF	NF
Bread board Contains: gluten, wheat, milk, egg, fish, sulphites, soy, alliums	✗	✗	✗	✓
Ploughman board Contains: gluten, wheat, milk, egg, sulphites, alliums, alcohol	✗	✗	✗	✓
Antipasto board Contains: gluten, wheat, milk, egg, sulphites, soy, alliums, pork, alcohol	✗	✗	✗	✓

Entrées	GF	DF	EF	NF
Seafood chowder with fino sherry, crayfish oil, Turkish bread & butter Contains: gluten, wheat, milk, crustacea, fish, molluscs, sesame, alliums, sulphites, alcohol	✗	✗	✗	✓
Bresaola, pickled vegetables, truffled honey, chèvre, parmesan, pear, rye & walnuts Contains: gluten, wheat, rye, barley, milk, sulphites, walnuts, alliums, alcohol, citrus	✗	✗	✓	✗
Seared scallops & fried calamari, sriracha mayo, lychees, EVOO & radishes Contains: gluten, wheat, molluscs, egg, citrus, alliums Can remove gluten, wheat, egg, citrus, alliums	✗	✓	✗	✓
Braised duck & Thai-style salad with mint, coriander, crispy noodles & sweet chilli dressing Contains: fish, sesame, sulphites, alliums, citrus	✗	✓	✗	✓
Pea & parmesan risotto, cherry tomatoes, fresh mozzarella, olive oil & pea tendrils Contains: milk, sulphites, alliums	✓	✗	✓	✓
Beef & pork meatballs, preserved lemon & quinoa gremolata, wild rocket & parmesan Contains: gluten, wheat, milk, pork, alliums, sulphites, alcohol	✗	✗	✓	✓
50g or 100g West Coast whitebait fritter, lime mayo, potato julienne & micro greens Contains: fish, egg, citrus Can remove citrus	✓	✓	✗	✓

Mains	GF	DF	EF	NF
Beer battered fish & chips, house slaw, tarragon tartare, tomato sauce & lemon Contains: fish, gluten, wheat, barley, egg, sulphites, soy, alliums, citrus, alcohol Can remove gluten, wheat, barley, milk, egg, sulphites, soy, alliums, citrus, alcohol	X	✓	X	✓
Crumbed fish & chips, house slaw, tarragon tartare, tomato sauce & lemon Contains: fish, gluten, wheat, milk, egg, soy, alliums, citrus	X	X	X	✓
Crumbed prawns (add-on) Contains: gluten, wheat, milk, egg, crustacea	X	X	X	✓
Dry-aged ribeye steak with thick-cut chips & brandy & peppercorn sauce Contains: milk, alliums, citrus, alcohol Can remove milk, alliums, citrus, alcohol	✓	X	✓	✓
Pork belly, cashew nahm jim, kumara, beetroot, apple caramel, pickled ginger mayo Contains: fish, egg, cashews, sulphites, alliums, citrus, pork, alcohol Can remove fish, egg, cashews, sulphites, alliums, citrus, alcohol	✓	✓	X	X
Akaroa salmon, jasmine rice, bok choy, Thai red curry sauce, fragrant herb oil Contains: fish, crustacea, soy, alliums, citrus Can remove crustacea, soy, alliums, citrus	✓	✓	✓	✓
Braised lamb shoulder, cherry demi-glace, pea risotto, whipped feta, pistachio Contains: milk, pistachios, sulphites, alliums, citrus, alcohol Can remove milk, pistachios, sulphites, alliums, citrus, alcohol	✓	X	✓	X
Market fish with creamed paua, citrus mash, wilted kale, makrut lime furikake Contains: fish, gluten, wheat, molluscs, sesame, milk, sulphites, alliums, citrus Can remove gluten, wheat, molluscs, sesame, milk, sulphites, alliums, citrus	X	X	✓	✓
Angus fillet & braised beef cheek, potato rosti, broccolini, pumpkin puree, truffle butter Contains: gluten, wheat, milk, alliums Can remove gluten, wheat, milk, alliums	X	X	✓	✓
Pumpkin & amaretti ravioli, caramel butter, broccolini, almonds, cranberries, parmesan Contains: gluten, wheat, milk, egg, almonds, sulphites	X	X	X	X
Sides	GF	DF	EF	NF
Turkish bread with butter Contains: gluten, wheat, milk, sesame Can remove gluten, wheat, milk	X	X	✓	✓
Roasted Brussels sprouts with peas & bacon Contains: milk, pork Can remove milk, pork	✓	✓	✓	X
Broccolini with toasted almonds & sea salt Contains: almonds Can remove almonds	✓	✓	✓	✓
Roasted carrots with hummus & dukkah Contains: sesame, alliums Can remove sesame, alliums	X	X	✓	✓
Thick-cut chips with tomato sauce & aioli Contains: soy, egg, alliums Can remove soy, egg, alliums	✓	✓	X	✓
Baby potatoes, truffle mayo Contains: gluten, wheat, egg, alliums Can remove gluten, wheat, egg, alliums	X	✓	X	✓
Gem lettuce salad, goddess dressing Contains: citrus, sulphites Can remove citrus, sulphites	✓	✓	✓	✓

Desserts & Cheese	GF	DF	EF	NF
Build your own ice cream sundae with of ice cream & traditional trimmings Contains: gluten, wheat, milk, egg, walnuts, soy Can remove gluten, wheat, walnuts	X	X	X	X
Plate of Whittaker's chocolate, salted caramel, raspberry coulis & mascarpone Contains: gluten, wheat, milk, egg, soy, pork Can remove gluten, wheat	X	X	X	✓
Cinnamon-apple & Anzac biscuit crepe, custard, white chocolate & vanilla gelato Contains: gluten, wheat, oats, milk, sulphites, soy, walnuts Can remove soy, walnuts	X	X	✓	X
Basque cheesecake with chantilly mascarpone, raspberry coulis & preserved peaches Contains: milk, egg, soy, citrus	✓	X	X	✓
Sticky fig & date pudding served with custard, vanilla bean gelato & walnut praline Contains: gluten, wheat, milk, egg, soy, walnuts, alcohol, citrus Can remove walnuts	X	X	X	X
Crème caramel Contains: egg, milk	✓	X	X	✓
Chocolate macaron Contains: milk, egg, soy, almonds, pistachios, hazelnuts	✓	X	X	X
Orange & mango crème brulee, Biscoff cookies, passionfruit & ginger sorbet Contains: gluten, wheat, soy, citrus, sulphites Can remove gluten, wheat	X	✓	✓	✓
Choc-berry mousse cake, candied orange, coconut yoghurt & caramel corn Contains: gluten, wheat, soy, citrus Can remove citrus	X	✓	✓	✓
Chilled coconut rice pudding, mango gel, tropical fruits & passionfruit & ginger sorbet Contains: citrus	✓	✓	✓	✓
Cheese board, walnut bread & crackers, seed crackers, grapes & quince paste Contains: gluten, wheat, milk, sesame, walnuts Can remove or substitute gluten, wheat, sesame, walnuts	X	X	✓	X